

# SHARED INTENT

AN INVITATION TO FUND SUSTAINABLE IMPACT FOR CHILDREN, YOUNG PEOPLE AND FAMILIES.

Our mission is to build a trauma responsive Australia where everyone can thrive.

We achieve this through a suite of capacity building services tailored to community needs and context, delivered in partnership.



**LBi**  
FOUNDATION

## THE PROBLEM

Trauma is everywhere. Across Australia there are increasing rates of mental health issues and self-harm, suicide, social isolation, loneliness, alcohol and drug misuse, intergenerational unemployment and children removed from families and placed in care. In our increasingly complex environment local people are working hard to do their best but there is a tendency for people and agencies to work in silos.

## THE SOLUTION

The solution is equipped and empowered trauma and wellbeing responsive communities working together in shared intent. These are communities that look after each other, have ways of working together towards common goals (shared intent), acknowledge and appreciate the voices, wisdom, skills and strengths in their communities, and believe in growth as a core value; they activate their own solutions and carry hope.

**We are counter cultural.** We are not interested in 'quick fixes' that don't have grounding in evidence-based research and practice. We know that working with people is complex work and creating lasting change takes time.

We're building a trauma and wellbeing-responsive Australia where everyone can thrive by increasing the capacity of local communities, bridging the gap between knowing and doing. **We translate the science to action,** equipping and empowering local leaders to champion generational change (sustainable ripple effects) in their community independent of LBI Foundation.

A trauma and wellbeing responsive community is sustainable. This means it has meaningful tools and ways of working and growing (individually and collectively) long after the capacity building program/workshop/facilitator leaves. It's sustainable because it is led by local people who are already embedded in the community, have influence in the local community, and are equipped to help the community respond to ongoing needs and grow.



**WE WORK WITH  
THE PEOPLE WHO  
WORK WITH PEOPLE**



Australia's leading trauma and wellbeing responsive capacity builders.

[www.lbi.org.au](http://www.lbi.org.au)

# THE BUSH TELEGRAPH PARTNERS



## OUR PARTNERS SAY



“Supporting our local communities to develop ownership of their wellbeing journey is vital to sustainability and growth. Working together side-by-side, The Bush Telegraph offers access to best-practice wellbeing solutions that are embedded in the community and have a positive impact on outcomes.”

Nicole, Program Manager  
Port Lincoln

“Intentional coaching conversations led to growing the young person’s awareness of triggers, brain function and skills in grounding.”

“I’m more intentional with my work with families.”

“When you can’t get everything done, doing what is most important is certainly a helpful strategy.”

“A shared intent means that we are all focused on and working towards common outcomes... we do this with the same tools, foci and language, so that our community has a clear and purposeful journey towards growth.”

“We were looking for a framework to support a shared culture and language... to ensure a consistent trauma responsive lens is fundamental to the work that we are doing. The IMPACT Training and work with LBI has provided that framework.”



Trauma and wellbeing practice; a way of thinking and being not just another thing to do.

## WHY WE'RE DIFFERENT

- We respond to the needs of communities under the surface, rather than addressing surface level issues.
- We invest sustainably, in the capacity of local people.
- We coach wellbeing responsive practice as **a way of thinking and being, not just another thing to do.**
- We equip and support communities to thrive independent of us and our program.
- We are a trusted provider on the Department of Education Trauma Aware Schools Initiative panel.

## WHY WE KNOW IT WORKS

- Our model has been developed by leading experts in the field.
- Our work has been independently evaluated.
- Our research is published in journals.
- The framework is applied and tested across various sectors (child protection, education, community).
- Together with our partners, we have already deeply invested for three years and have seen visible change in the way services are taking ownership and working together to support children, young people and families.

## PARTNER WITH US

We can tailor programs to match your financial partnership. Key service delivery features include: (1) **Foundational IMPACT Training**, (2) **Community Conversations** (3) **Training and Empowerment of Community Champions** and (4) **Local Wellbeing Projects**.



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Make a tangible and lasting difference with Life Buoyancy Institute Foundation by responding to needs 'under the surface' building a strong community foundation for children and young people to thrive.

# PROGRAM FEATURES



**iMPACT**

The Bush Telegraph delivering the IMPACT Program across regional South Australia offers local leaders the shared language, knowledge, skills and methods to work together and build a trauma and wellbeing responsive community where everyone can thrive. It is founded upon the following four features: Foundational IMPACT Training, Community Champions, Community Conversations and Wellbeing Projects.

## FOUNDATIONAL TRAINING

Foundational IMPACT training provides shared language, methods, tools and resources to enable the science of wellbeing, growth and trauma to be translated and personalised to individual context, in a manner that honours the strengths and knowledge of individual and community.

## COMMUNITY CHAMPIONS

These IMPACT trained, coached and accredited community members have access to ongoing coaching and resources to empower their communities.

## COMMUNITY CONVERSATIONS

Interagency workshops are facilitated to build a shared intent and collaboration, embracing complexity and reducing interagency silos.

## WELLBEING PROJECTS

Community Champions support and empower local schools, agencies, groups and teams to deliver projects that translate the science of wellbeing to community needs and context, drawing upon IMPACT Program resources, tools, modules and strategies.