

Empowering

Wellbeing and Trauma Responsive Educational Communities



Where Students, Educators, Leaders, Families and Education Community Members Thrive



Shared Language



Shared Knowledge



Shared Skills



Shared Methods

Service Partnership Features

Suite of Capacity Building Services

Training, Coaching, Accredited Community Champions, Integrated Wellbeing Strategy, Online Resources and Practical Strategies

Evidence-Based IMPACT Program

Making the Science of Wellbeing, Trauma, Intentional Practice and Growth: (1) Practical, (2) Translatable and (3) Sticky

Integration, Coordination and Strengthening
Of the Delivery of Existing Trauma, Wellbeing, SEL and Inclusion Services

Co-Designed Capacity Building Strategy

Tailored to Local Needs, Context and Desired Outcomes

Multi-Disciplinary Implementation Team

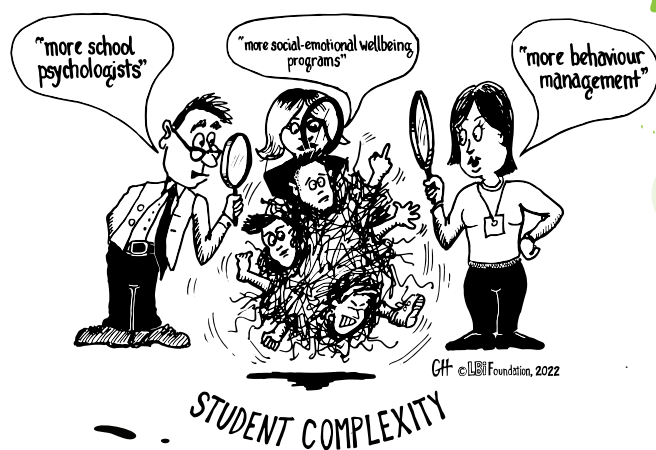
Dedicated Community Lead, Psychologist and IMPACT Trainer / Coach

Who Is LBI?

Life Buoyancy Institute Foundation is a South Australian based not-for-profit agency who is dedicated to building a wellbeing and trauma responsive Australian Community.

We Embrace Complexity and Foster Coordination and Integration

In How Wellbeing, Inclusion and Trauma-Informed Services are Delivered Across Education



What is a Wellbeing and Trauma Responsive Educational Community?

This is a school, learning centre or site that has the shared language, knowledge, skills, and methods to:

- 1. Understand the science** of wellbeing, intentional practice, trauma, growth and human development, as made practical for individual and collective students.
- 2. Intentionally respond (rather than react)** to the individual growth, trauma, learning, developmental and healing needs.
- 3. Intentionally scaffold a student's growth** through side-by-side coaching relationships and social-emotional learning, as mapped to student awareness, skills and mindsets associated with thriving outcomes.
- 4. Work side-by-side together with shared intent**, and can **co-construct shared wellbeing and growth solutions** (Growth Action Plans) with the student's voice, context and needs at the centrepoint of planning.

Seven Component Implementation Strategy

Resilient IMPACT (www.lbi.org.au/resilient-impact)

1.
Local
Wellbeing
Framework &
Strategy

2.
Foundational
IMPACT
Training

3.
Side-By-Side
Coaching

4.
Community
Champions
(IMPACT
Coaches)

5.
Embedding
Tools and
Strategies

6.
Resource
Library &
Specialist
Workshops

7.
Participatory
Monitoring &
Evaluation



IMPACT

Our Education Services
www.lbi.org.au/education

Case Studies
www.lbi.org.au/community-stories

IMPACT Program
www.impactprogram.net
www.online.impactprogram.net

Trauma Aware Schools Initiative
www.lbi.org.au/education/tasi

Research and Evidence
www.lbi.org.au/research
www.intentionalpractice.org